



Karate Northern Ireland

www.karatenorthernireland.co.uk

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Welcome to

THE OFFICIAL NORTHERN IRELAND
OPEN KARATE CHAMPIONSHIP
2020

CHILDREN / CADET / JUNIOR / SENIOR

SATURDAY 16TH MAY 2020

THE
BIGGEST
EVENT
IN THE
COUNTRY

BELFAST

Queens University PE Centre, Botanic Park, Belfast
Traditional Karate (WKC Rules)
www.karatenorthernireland.co.uk
Karate Northern Ireland

Dear Instructor/Member,

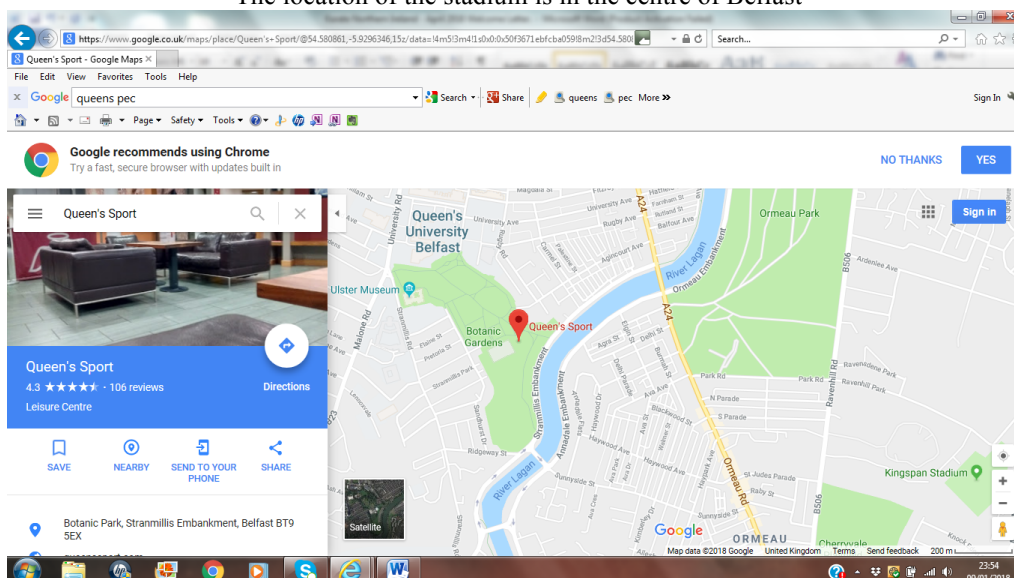
It is with pleasure that I invite you on behalf of Karate Northern Ireland to The Official Northern Ireland Open Karate Championships 2020.

The event is held in Queens University PEC, Botanic Gardens, located in the centre of Belfast.

Queens University Physical Education Centre Stadium



The location of the stadium is in the centre of Belfast



Entry is by Online Registration only. Go to www.karatenorthernireland.co.uk

Entries:

- 1) Closing date for Registration and Payment is Wednesday 6th May 2020.
- 2) Your registration should contain qualified referee officials as well as competitors.
- 3) We will accept all entries from federations and clubs that will have both officials and competitors. We will accept 'team only' entries space permitting.
- 4) Referee's must be qualified by a governing body and the Team Manager must confirm this to be the case.

All federations and clubs MUST register working official(s).

Event rules are from the WKC, please go to www.wkc-org.com . Please download, print them off and make yourself familiar with them. Any questions, please email me.

For kata competition, rules are relaxed for children and beginners. All competitors will be expected to perform kata's commensurate with their grade. White, Orange and Green belt grades may repeat a kata. Greater consideration must be given by judges to those competitors that do NOT repeat kata's in these sections.

Entry Tickets:

Spectator entry tickets will cost **£5** each and can be purchased at the door on the day. There is a huge car park at the stadium.

Meals:

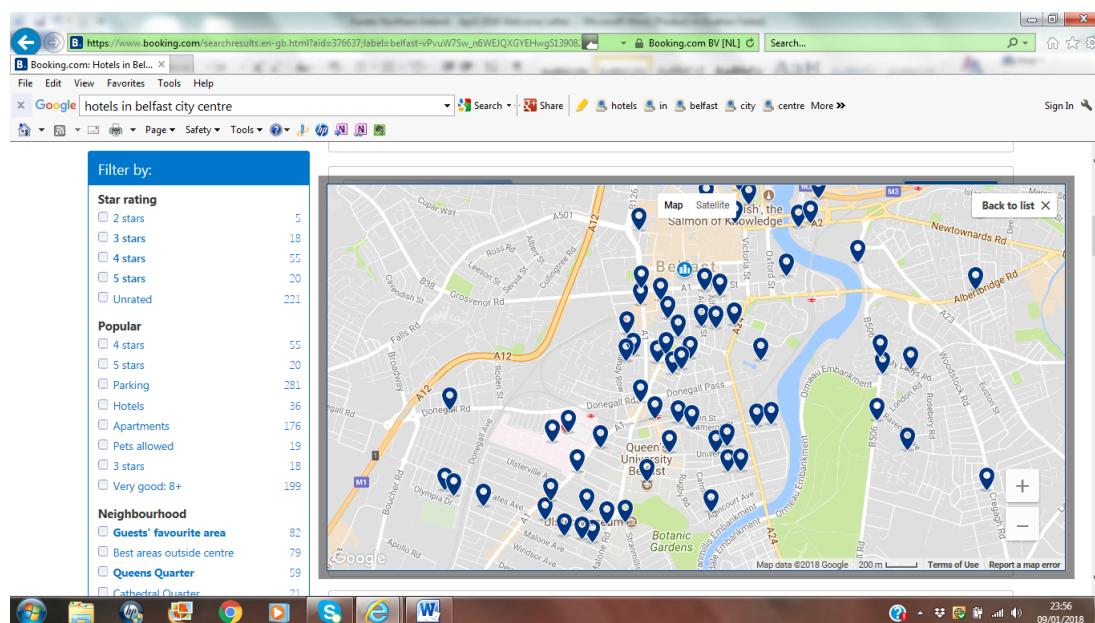
Queens PEC has a modern snack bar restaurant serving light refreshments. You can bring your own lunches. Karate Northern Ireland will provide lunch for referee's, working officials and guests.

Travel:

For those travelling to Belfast from abroad, please remember Belfast is in Northern Ireland which is part of the United Kingdom. If you require a visa, please request a Letter of Invitation from me at terry.boyle@ntlworld.com as soon as possible. You can fly to London and an internal flight to Belfast or fly to Dublin and take a bus or train to Belfast (but please check your visa requirements). Dublin is in the Republic of Ireland. Two direct buses travel from Dublin airport to Belfast return every hour. The journey lasts 2 hours. Email for assistance if you need to.

Hotels/Accommodation:

Please go to www.booking.com or other websites for the latest hotel information. Remember, if you source a hotel on a website, it is usually cheaper to ring the hotel directly to get a better rate. Most hotels in Belfast city centre have been built in the last ten years and there are a huge number of Airbnb apartments to rent. The stadium is in the University quarter in central Belfast alongside the river Lagan.



You may wish to consider the following hotels which are in walking distance of the stadium: Kate's B&B, Holiday Inn Express Belfast Queens Quarter, Etap Hotel Dublin Road, Dukes Hotel, The Crescent

Townhouse. City centre hotels are only 5 minutes from the stadium by taxi.

Belfast has all the major branded hotels, Hilton, Ibis, Crowne Plaza, Travel Lodge, Hampton by Hilton, Holiday Inn, Premier Inn along with Ten Square Hotel, Europa, Benedict's and Wellington Park Hotel.

Taxis:

Taxis are cheap and plentiful in Belfast. I recommend **Valuecabs** or **fonaCab**. Download their apps. If you use their apps to book a taxi your booking is prioritised above all others.

Restaurants:

There are a huge number of restaurants in central Belfast with all the usual brand names. The best and cheapest place to take a team for dinner is China China, a self- service buffet restaurant on University Street. For Pizza, Villa Italia just opposite it or Scalini's on Botanic Avenue are the best close by along with Cosmo, Nu Delhi, Flame & Deanes downtown.

If you need more information about hotels, bars & restaurants ask me.

Titanic Belfast



Titanic Belfast

Billed as "the world's largest Titanic visitor attraction," this distinctive landmark building is a tribute to the story of Belfast's interesting maritime history. Nine interactive exhibitions show how Belfast has developed from a city that once boasted the most powerful ship building industry in the world into a reborn visitor destination.

More than a century ago, the infamous and ill-fated ocean liner, *Titanic*, was built at this precise spot. There are guided tours around the slipway and gigantic dry-dock. The building, which is star-shaped to represent the logo of the White Star Line, houses several fascinating artefact's including letters, brochures, and menus. A treat is the fully restored tender to the *Titanic*, the ***SS Nomadic***, which visitors can board and explore for an additional charge.

In fact, a great way to learn more about both vessels is by purchasing a [Titanic Belfast admission package that includes the *SS Nomadic*](#). In addition to having access to the *Titanic* exhibition, you'll get complimentary access to the **Ocean Exploration Centre** and the *SS Nomadic*.

Address: 1 Queens Road, Titanic Quarter, Belfast

Airports:

Belfast is serviced by 2 airports:

- Belfast International Airport which is 11 miles north of the city. It has a direct bus service to and from the Europa Bus Centre in the centre of Belfast every 20 minutes and costs around £5 per person. Taxis from this airport are expensive.

- Belfast George Best Airport is in the city, 3 miles from the city centre. There is a regular bus service to and from this also. Taxis from this airport are reasonable and plentiful.

Trains:

All Belfast trains arrive into Belfast Central Station and taxi stands are present. If your hotel is in central Belfast or close to the university area, please disembark at Europa and Botanic stations respectively. They are in walking distance of your hotels.

Hospitals:

Belfast has 3 main hospitals, The Royal Victoria, the Belfast City and the Mater Hospital. The Belfast City Hospital is 5 minutes from the stadium. We use karate-experienced doctors and paramedics at our event.

Currency:

Sterling (GBP). All major credit cards are accepted, and auto-banks are numerous.

Coach & Team Manager Notes.

Attention:

- 1 WKC rules encourage strong spirited performances. **Coaches** are reminded to read exactly the requirements of the sections regarding age, height, weight, experience and overall suitability of the contestant. Coaches are be careful when entering a contestant at the lower end of a height or grade category simply because he/she is within the age grouping. This applies also to older competitors. The Chief Referee, in his opinion, may refuse to allow contests to proceed on the grounds of safety if this is brought to his attention by the tatami referee.
- 2 Referee's and Judges should be qualified. KarateNI will be holding a Referee Qualification Seminar in Derry on Saturday 22nd February and practical on Sunday 23rd also in Derry in WKC rules. If anyone wishes to attend this, please advise.
- 3 **Please note** officials will not amend incorrect entries. **Contestants entered in the wrong category will be disqualified, refunds will not be provided. Once entries are logged in the computer/draw system they will not be changed – it is too difficult to do.**
- 4 **Protective equipment** used must be as laid down in the WKC Rules. Contestants found not to be complying with this will be immediately disqualified. White, red and blue mitts will be permitted in this event, but 'bumper' mitts will not be. **A copy of your federation insurance must be emailed to me as soon as possible, without it the application will be refused.**
- 5 The organizers may amalgamate categories at their discretion.
- 6 Each contestant must bring personal white/red belts and personal protection items.
- 7 Grade belts must be worn in competition, in addition to white/red in kumite.
- 8 All Under 14yrs individual matches and team bouts will last for 1.5 minutes, Cadets 2 minutes, Seniors 3 minutes.
- 9 Medical doctors and qualified paramedic staff will be working at the event.
- 10 Height and weight categories will be checked on the day. Failure to make the height or weight will mean disqualification.
- 11 The tournament will start on time at 09.00 am; kata will be the first event, starting with the youngest. Contestants please ensure your timely arrival.
- 12 All Referees and Judges should possess Professional Indemnity Insurance. Referees and Judges must be dressed in official referee uniform, Coaches must be in tracksuits.
- 13 All presentations will be made immediately after each event.
- 14 All competitors will be held in a holding area above the main stadium. They will be brought to the competition area by event staff when their event is due to start. They will leave the competition area when their event is over. Medal winners will immediately be taken to the winner's rostrum for presentation.

There will be prizes for 1st, 2nd and 3rd places.

KATA:

- * * * **White/Yellow/Orange:** Minimum 1 Pinan/Hinan (can repeat)
- Purple/Blue/Green:** Minimum 2 Pinan/Hinan (can repeat, but not in consecutive rounds)
- Brown/Black:** As per WKC Rules.

KarateNI accepts no responsibility for any damage, loss or injury or and your entry to the tournament is accepted on this basis.

Payment Details: (closing on 6th May)

Account Name: Karate Northern Ireland

UK Sort Code & Account Number: 95067920031577

IBAN Number: GB96DABA95067920031577 SWIFT – BIC: DABAGB2B

Welcome to Belfast – Fáilte go Béal Feirste

Terry Boyle,
Karate Northern Ireland.